

AIRBRUSH TAN

\$25

The South Seas Signature solution is the most sought after spray tanning solution in the world, giving you a natural looking, beach beautiful color.

SALON

*Exact pricing to be determined at professional consultation.

CUT

WOMEN'S CUT & FINISH	\$40+
WOMEN'S CUT, CONDITION & FINISH	\$50+

STYLE

STYLE & BLOWOUT SHORT	\$35+
STYLE & BLOWOUT LONG	\$45+
FORMAL UP DO	\$65+

COLOR

NEW GROWTH TOUCH-UP	\$65+
FULL HEAD COLOR	\$70+
HIGHLIGHT OR LOWLIGHT WEAVE	\$90+
PARTIAL HIGHLIGHT OR LOWLIGHT WEAVE	\$65+
SPECIALTY COLOR	\$100+
EYEBROW TINTING	\$15+

MAKEUP

AVEDA MAKEUP APPLICATION	\$30
--------------------------	------

FOR THE GENTLEMEN

FACIAL

GENTLEMAN'S FACIAL	\$89
--------------------	------

Soothe skin with a facial designed to address the needs of skin that undergoes daily shaving. Begin by relaxing and restoring skin with gentle cleansing and warm steam to soften men's facial skin and remove excess dirt and oil. Next, an exfoliating treatment, customized masque, and moisturizing protection that keeps a man's unique skin in mind.

MASSAGE

RECOVERY

Unwind with a relaxing full body massage targeting problem areas.	
50 MIN	\$89
80 MIN	\$129

GOLF

Improve your circulation and mobility by relieving tension and stress in your muscles before or after a round of golf. Focuses on back, neck and shoulder muscles to improve your golf game.

20 min	\$60
--------	------

HANDS & FEET

GENTLEMAN'S MANICURE OR PEDICURE

Customized to gentleman's needs, including proper grooming of nails and cuticles, complete with massage.

TRADITIONAL MANICURE 20 MIN	\$40
TRADITIONAL PEDICURE 20 MIN	\$40

SALON

GENTLEMAN'S CUT	\$25
-----------------	------

Includes scalp treatment and head massage.



AVEDA
THE ART AND SCIENCE OF PURE FLOWER AND PLANT ESSENCES

THE
SPA
AT
GRAND
FALLS

SPA HOURS:

Monday	CLOSED
Tuesday	12 p.m. - 7 p.m.
Wed - Sat	9 a.m. - 7 p.m.
Sunday	9 a.m. - 4 p.m.

712.777.7822

SERVICE MENU

FACIAL TREATMENTS

A customized facial based on your skin's specific needs revealed with a consultation by our trained staff. From dry and dehydrated to sensitive, oily, congested, aging, acne and dark spots. Each facial is customized to your personal needs.

EXPRESS 20 MIN	\$60
SIGNATURE 50 MIN	\$89
EXCLUSIVE 80 MIN	\$129

RESURFACING (ADD ON) **\$30**
Botanical Skin Resurfacing. Aveda's Alternative to microderm abrasion.

PLANT PEEL (ADD ON) **\$30**
A perfecting plant based exfoliating peel. Evens look of skin tone, smooths, retexturizes and improves fine lines and wrinkles over time.

BACK FACIAL (ADD ON) **\$60**
Treatment will focus on cleansing, exfoliation, masque and rehydration. Perfect for skin challenges, seasonal skin changes or for special occasions. (20 min)

DERMALINFUSION

DermalInfusion, a customized treatment for many skin conditions, including aging skin, hyperpigmentation, and acne. This service exfoliates, extracts and infuses the skin with nutrients.

20 MINUTE TREATMENT	\$179
3 TREATMENTS	\$475
6 TREATMENTS	\$870
12 TREATMENTS	\$1,500

SKIN UTOPIA **\$229**
Customized DermalInfusion treatment which exfoliates, extracts and infuses the skin with nutrients. The application of the Hydrating Age Defy Mask tightens the skin, closing it with an anti-oxidant and peptide barrier to optimize treatment results. This service includes our unique Radiance Collagen Beauty Drink to promote collagen growth and a healing post treatment all while experiencing the relaxing Aveda Rituals. (50 min)

HANDS AND FEET

SIGNATURE - MORE LUXURIOUS THAN TRADITIONAL MANI/PEDI

Customized care for your hands and feet. Includes proper maintenance and grooming of the nails and cuticles, exfoliation, soothing masque with steamed towels and intense hydration massage. Customized with an Aroma Sensory Journey.

SIGNATURE MANICURE	\$49
SIGNATURE PEDICURE	\$74

TRADITIONAL MANICURE OR PEDICURE

For the guest on the go! Includes grooming of nails and cuticles, and color application. Traditional manicure/pedicure.

TRADITIONAL MANICURE	\$40
TRADITIONAL PEDICURE	\$40

SHELLAC

ADD TO MANICURE OR PEDICURE	\$10
SHELLAC REMOVAL	\$20

BODY TREATMENTS

SOOTHING AQUA THERAPY SPRINKLE **\$94**
Rejuvenate the body and mind with your choice of aromatherapy. The oil rich formula is the most moisturizing. Followed by sprinkles of aqua therapy for deep exfoliation. A refreshing shower with moisture application. Customized with Aroma Sensory Journey: Beautifying, Rosemary Mint, Shampure and Stress-Fix. (50 min)

CONTOUR BODY WRAP **\$89**
Developed by a UCLA biochemist, this one hour service increases circulation and cleanses tissue resulting in healthy inch loss and smoother skin. It is a complete detoxification system for internal and external cleansing, cellulite reduction and inch loss. You can lose 4 - 14 inches after just one service!

WAXING

FULL FACE, BACK OR CHEST	\$59
BIKINI OR HALF ARM	\$39
BROW, UPPER LIP, OR CHIN	\$19
UNDERARM	\$29
FULL ARM OR HALF LEG	\$45
FULL LEG	\$69
BRAZILIAN	\$69
FRENCH	\$59

MASSAGE

CUSTOM

A customized massage based upon your needs along with Aveda Elemental Nature Philosophy and your favorite Aroma. Massage techniques utilized but not limited to: Swedish, Deep Tissue, and Trigger Point Therapy.

EXPRESS 20 MIN	\$60
SIGNATURE 50 MIN	\$89
EXCLUSIVE 80 MIN	\$129
*DEEP TISSUE	+\$10
*SPORTS MASSAGE	+\$10

EXPECTING JOY

Prenatal Massage. We have everything to make your experience comfortable and relaxing. Must be at least 12 weeks and have a doctor's approval.

50 MIN	\$89
80 MIN	\$129

STONE MASSAGE

A customized massage with warm stones for deep relaxation of muscles and the aromatic power of Aveda Pure Flower and Plant Essence.

50 MIN	\$99
80 MIN	\$139

COUPLES MASSAGE

A customized massage for two in our exclusive couple's room. Includes sparkling beverage and chocolate covered strawberries or seasonal dessert.

50 MIN	\$229
80 MIN	\$279