

# FOR THE GENTLEMEN

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## Facial

### Gentleman's Facial

\$89

Soothe skin with a facial designed to address the needs of skin that undergoes daily shaving. Begin by relaxing and restoring skin with gentle cleansing and warm steam to soften men's facial skin and remove excess dirt and oil. Next, an exfoliating treatment, customized masque, and moisturizing protection that keeps a man's unique skin in mind.

## MASSAGE

### Recovery

Unwind with a relaxing full body massage targeting problem areas.

60 min

\$89

### Golf

Improve your circulation and mobility by relieving tension and stress in your muscles before or after a round of golf. Focuses on back, neck and shoulder muscles to improve your golf game.

30 min

\$60

## HANDS & FEET

### Gentleman's Manicure or Pedicure

Customized to gentleman's needs, including proper grooming of nails and cuticles, complete with massage.

Express Manicure 30 min

\$40

Express Pedicure 30 min

\$40

## Salon

### Gentleman's Cut

\$20

Includes scalp treatment and head massage.

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# AVEDA

THE ART AND SCIENCE OF PURE FLOWER AND PLANT ESSENCES

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## SPA HOURS:

Monday .....CLOSED

Tuesday ..... 12 pm - 7 pm

Wed - Sat ..... 9 am - 7 pm

Sunday ..... 9 am - 4 pm

 **GRAND FALLS**  
CASINO & GOLF RESORT®  
1415 Grand Falls Blvd. | 877.511.4FUN (4386) | 712.777.7777  
Larchwood, IA 51241 | [www.GrandFallsCasinoResort.com](http://www.GrandFallsCasinoResort.com)



THE  
**SPA**  
AT  
GRAND  
FALLS

712.777.7822

# SERVICE MENU

## FACIAL TREATMENTS

A customized facial based on your skin's specific needs revealed with a consultation by our trained staff. From dry and dehydrated to sensitive, oily, congested, aging, acne and dark spots. Each facial is customized to your personal needs.

Express 30 min	\$60
Signature 60 min	\$89
Exclusive 90 min	\$129

**Resurfacing (add on)** \$30  
Botanical Skin Resurfacing. Aveda's Alternative to microderm abrasion.

**Plant Peel (add on)** \$30  
A perfecting plant based exfoliating peel. Evens look of skin tone. Smooths and retexturizes, improves fine lines & wrinkles over time.

**Back Facial (add on)** \$60  
Treatment will focus on cleansing, exfoliation, masque and rehydration. Perfect for skin challenges, seasonal skin changes or for special occasions. 30 min

## HANDS AND FEET

**Signature - More Luxurious than Traditional Mani/Pedi**  
Customized care for your hands and feet. Includes proper maintenance and grooming of the nails and cuticles, exfoliation, soothing masque with steamed towels and intense hydration massage. Customized with an Aroma Sensory Journey.

Signature Manicure	\$49
Signature Pedicure	\$74

**Express Manicure or Pedicure**  
For the guest on the go! Includes grooming of nails and cuticles, and color application. Traditional manicure/pedicure.

Traditional Manicure	\$40
Traditional Pedicure	\$40

**Shellac**  
Add to Manicure or Pedicure \$10  
Shellac Removal \$20

## SALON

Exact pricing to be determined at professional consultation.

**Cut**  
Women's Cut & Finish \$33+  
Women's Cut, Condition & Finish \$43+

**Style**  
Style & Blowout Short \$25+  
Style & Blowout Long \$35+  
Formal Up Do \$55+

**Color**  
Custom Color \$70+  
Highlight or Lowlight Weave \$80+  
Partial Highlight or Lowlight Weave \$65+  
Specialty Color (1/2 color & 1/2 highlight) \$90+

**AIRBRUSH TAN** \$19  
The South Seas Signature solution is the most sought after spray tanning solution in the world, giving you a natural looking, beach beautiful color.

## BODY TREATMENTS

**Stress-fix Body Wrap** \$139  
Soothe the senses with our clinically proven stress fix aroma. Treatment begins with a dry exfoliation followed by a relaxing warm detoxifying seaweed masque. After a refreshing shower, a relaxing application of stress fix lotion seals in the moisture to keep you hydrated. 90 min

**Soothing Aqua Therapy Sprinkle** \$99  
Rejuvenate the body and mind with your choice of aromatherapy. The oil rich formula is the most moisturizing. Followed by sprinkles of aqua therapy for deep exfoliation. A refreshing shower with moisture application. Customized with Aroma Sensory Journey: Beautifying, Rosemary Mint, Shampure and Stress-Fix. 60 min

## MASSAGE

**Custom**  
A customized massage based upon your needs along with Aveda Elemental Nature Philosophy and your favorite Aroma. Massage techniques utilized but not limited to: Swedish, Deep Tissue, and Trigger Point Therapy.

Express 30 min	\$60
Signature 60 min	\$89
Exclusive 90 min	\$129

**Expecting Joy**  
Prenatal Massage. We have everything to make your experience comfortable and relaxing. Must be at least 12 weeks and have a doctor's approval.  
60 min \$89  
90 min \$129

**Stone Massage**  
A customized massage with warm stones for deep relaxation of muscles and the aromatic power of Aveda Pure Flower and Plant Essence.  
60 min \$99  
90 min \$139

**Couples Massage**  
A customized massage for two in our exclusive couple's room. Includes sparkling beverage and chocolate covered strawberries or seasonal dessert.  
60 min \$229  
90 min \$279

## WAXING

Full Face, Back or Chest	\$50
Bikini, Half Arm	\$35
Brow, Upper Lip, or Chin	\$16
Underarm	\$24
Full Arm or Half Leg	\$45
Full Leg	\$69